

MISSOURI FIRE FIGHTERS CRITICAL ILLNESS POOL

History

- For years, the Workers' Compensation program failed to recognize cancer among fire fighters as directly related to workplace exposure to carcinogens.
- Labor and management worked alongside legislators to draft legislation to create the Missouri Fire Fighters Critical Illness Pool (MFFCIP) in order to provide benefits to fire fighters with cancer.

History

• In May of 2021, Senate Bill 45, sponsored by Senator Lincoln Hough, was passed along with a \$5,000,000 State appropriation for the MFFCIP.

• In May of 2022, the first participants became covered by the Pool.

History

- In 2023, the scope of the Critical Illness Pool was expanded by Senate Bill 21 to include:
 - Behavioral health benefits
 - EMS and Telecommunicators eligibility
 - \$7,000,000 additional funding

The MFFCIP now covers nearly 5,200 first responders from 140 member agencies.

MFFCIP Focus

Change the culture!

Break down barriers

>Raise Awareness

Improve Access to Support



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All Missouri Fire Fighters, EMS, and Telecommunicators are eligible!

Volunteer & Part Time: 5 years of active service with minimum of 24 hours training

Full Time: 5 years with minimum 1,600 hours of service

Member entity determines who is eligible

Medical examination: Must be completed some time at or after hire and <u>before</u> a diagnosis

Cancer & Firefighting

1.3X Greater Brain Cancer

1.5X Greater Blood Cancer

2X Greater Testicular Cancer



1.4X Greater Skin Cancer

1.3X Greater

Prostate Cancer

40%

of the general population will be diagnosed with cancer.

Firefighters have a

higher cancer diagnosis rate

Firefighters have a

14%

higher risk of dying from cancer

1:204

cases of pediatric cancer in children of firefighters compares to 1.7:10,000 in the general population.**

Membership Benefits

Cancer Coverage

- No long waits Benefits are paid to the individual within 10 days of receipt of completed documentation
- Scaled awards based on condition First Responders receive payments based on the type and stage of their cancer
- Recognition of service Cancer is considered a line of duty event for benefit payments without investigation
- Retirees are covered for 15 years, up to age 70

Cancer Coverage

- Non-taxable accident coverage benefit
- Supplement or pay for out-of-pocket expenses
- Provide additional compensation for other benefits, such as equipment or experimental treatment, as determined solely by the first responder.
- Benefits are paid to designated beneficiaries in terminal cases.
- Tobacco use reduces benefit by 25%.

Cancer Coverage

Cash awards – paid within 10 days of a completed application Up to \$4,000 disbursements made semi-monthly based on benefit schedule Payments made before sick leave and vacation time need to be used

Diagnosis is assumed to be an at-work occurrence Coverage is technically not disability insurance; it is accident coverage Does not exclude the filing of a Workers' Compensation claim payments will be offset under Workers' Comp

Covered Cancers

- Bladder
- Brain
- Breast
- Colon
- Esophagus
- Kidney

- Lung
- Melanoma
- Mesothelioma
- Multiple myeloma
- Non-Hodgkin Lymphoma
- Prostate

- Rectal
- Skin
- Stomach
- Testicular
- Thyroid



Supplemental Coverage

For members diagnosed with:

• Bone

- Buccal cavity/pharynx
- Eye
- Hodgkin's disease
- Intestine
- Larynx
- Leukemia
- Liver
- Pancreas
- Soft tissue sarcoma.



Cancer Coverage

As new studies or findings are published, the board may add other cancers or diseases that adversely affect first responders.

To date, over 50 claims have been processed, totaling more than \$1.2 million in benefits.



Take Action to Reduce Your Risk

- Personal Decontamination
- Clothing & Equipment
- Respiratory Protection

Understand and reduce cancer risk





Dedicated to researching fire fighter cancer



All firefighters, with or without cancer, should join!



Cdc.gov







Know Your Great

Use the 2-Week Rule Share with Your Doctor

- Follow these three simple steps and give yourself a life-saving advantage!
- Learn more at DetecTogether.org



Source: American Cancer Society 5-year SEER data (based on people diagnosed between 2010-2023)

NO ONE FIGHTS ALONE



Behavioral Health Program

Designed to Foster ≻Awareness
≻Prevention
≻Intervention

Fighting the Stigma – IAFF/NBC Poll

- 95% of first responders said they have experienced critical stress on the job
- 75% have endured experiences which have caused lingering issues
 - Trouble sleeping, Unwanted memories, Relationship problems
 - 27% say the stress has led to substance abuse
 - 19% say they have had thoughts of suicide

81% said they believe seeking support will be seen as weak or unfit for duty Common Behavioral Health Issues Found in First Responders

Depression

Anxiety

• Burnout

Compassion Fatigue

Sleep Disorders

Alcohol & Drug Addiction

Post-traumatic Stress Injury

Moral Injury

Behavioral Health Program

Free resources available to all Missouri First Responders

Regional system to coordinate assistance

Trained Peer Support Teams

Network of Culturally Competent Clinicians

Behavioral Health Program

Response to Potentially Traumatic Event
Contact an MFFCIP Coordinator

An MFFCIP team will be assembled

A Debrief will be coordinated and conducted

Region 1: Mike Peacock Independence Fire Dept MPeacock@IAFF781.org 816-718-7302

Clinician: AJ Pittman LSCSW, LCSW, LMAC, SEP AJones@IAFF42.org 913-523-4090

Region 2: Mike Holz Columbia FD Smoltzy911@gmail.com 573-268-3030

Clinician: Joan Burke LPC, EMT-P <u>Joan@clacounseling.com</u> 573-356-9951

MFFCIP - Regional Contacts



<u>Region 3:</u> Chris Mantia Cottleville FPD <u>Region3CIP@gmail.com</u> 314-420-6456

Clinician: Valerie Beason, LPC <u>VBeasonCounseling@gmail.com</u> 636-395-3101

Region 4: Scott Guccione Springfield FD 4firegooch@gmail.com 417-576-8105

Clinician: Dr. Joe Hulgus JHulgus@msn.com 417-827-1557

Behavioral Health Program

Best practices guides available for:

First Responder Agencies

Peer Support Teams

➤Clinicians

MFFCIP Resources

Behavioral Health Program at MFFCIP.org

Grants

- Peer Support Teams
- Residential/inpatient Services
- Clinicians

Follow Missouri Fire Fighters Critical Illness Pool on





Intro to Peer Support Training

- Perryville August 27
- Pulaski County Sept 10

Free

7 Hours of CEUs

Contact Sherry.Mffcip@gmail.com



First Responder Wellness Symposiums

- St. Peters October 22
- Blue Springs October 23

Free

7 Hours of CEUs

Contact: Sherry.Mffcip@gmail.com





Valor Net – H2F

Answer a few questions to ightarrowget extra points



Physical Readiness

NEW CONTENT!

NEW CONTENT!

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Spiritual Readiness

NEW CONTENT!

Mental Readiness



Sleep Readiness



Nutritional Readiness \rightarrow

Connect To Support Now





Resource Center

Wellness Messages



Phone Book



Regional **Resources Map**





Chat

Useful Links





Facilities

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Providers

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MFFCIP Resources

MFFCIP First Responder Wellness App Android



IOS



What are my choices of coverage and costs?

Volunteer and Part-time First Responders

Coverage Limit	Annual Cost
\$100,000	\$44
\$200,000	\$88
\$300,000	\$133

What are my choices of coverage and costs?

Full-Time Responders

Coverage Limit	Annual Cost
\$100,000	\$55
\$200,000	\$109
\$300,000	\$165

How to Join

The instructions and required documents can be found on our website: www.mffcip.org

- Quick Calculator
- Quote Form
- District Resolution or Municipal Ordinance
- Designation of Representative
- Member Roster
- Trust & Pool Agreement

Individual Membership Opportunity

FFAM Members Only

Open enrollment Oct 1- Dec 31, 2025 Coverage beginning Jan 1, 2026 Select coverage level Cost same per person



Best Practice Agreements

Signed annually by Chief Created to change the culture!

- <u>Personal Decontamination</u> Use wet wipes, shower thoroughly
- <u>PPE</u> Gross field decontamination. Clean after every incident. Keep out of living quarters
- <u>Clothing</u> Change and wash immediately. Keep separate from personal. Do not take home or store in personal vehicle
- <u>Response Apparatus</u> Decontaminate interior after each incident
- <u>SCBA</u> use for fire agencies Initial attack through overhaul

Best Practice Agreements

- <u>Open Communication</u> Encourage open conversations.
 Schedule regular check-ins.
- <u>Crisis Support</u> Provide post-incident debriefings for all responders involved.
- <u>Seek Assistance</u> From peer support teams, chaplains, and mental health professionals.
- <u>Resources</u> Encourage access to first responder health and wellness support and mobile application.

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Questions?